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PRE-TREATMENT INSTRUCTIONS

To help make your laser or surgical appointment as comfortable as possible and to minimize potential complications, we recommend the following:

1. **Medical Changes:** Please notify the doctor of any changes in your medical history and/or medications prior to your treatment.
2. **Antibiotics:** If a pre-treatment antibiotic has been recommended, please take it as directed:

If you are taking other medications routinely, remain on your regular schedule unless directed otherwise by your physician.
3. **Sedation:** If a sedative medication is taken, it is important to make arrangements to have a responsible adult drive you to and from the appointment. Do not attempt to drive yourself while taking sedatives. They cause drowsiness and slow your reaction time. Take them as directed:

4. **Aspirin:** If possible, avoid or discontinue aspirin or aspirin-containing products for several days prior to your scheduled surgery. This may help minimize post-operative bleeding. If you are taking aspirin products on a doctor's order, you should consult your physician first for advice.
5. **Minors:** All minor children should be accompanied by a parent or adult guardian who will remain in the office throughout the procedure.
6. **Diet:** Continue to eat as usual. It is not necessary to fast prior to your treatment appointment as only local anesthesia and/or oral sedation will be used. Have something to eat before you come in so your blood sugar levels don't fluctuate significantly.
7. **Clothing:** Wear comfortable clothing to your appointment and minimize facial make-up.
8. **Appointment Length:** Your treatment appointment will vary between 30 minutes and two and one-half hours depending on the procedures being done. Please use the restroom in the hallway next to the elevator on your arrival at the office before you are escorted to the treatment room.
9. **Pre-Treatment Routine:** At the beginning of your treatment appointment, your blood pressure and heart rate will be evaluated. You will also be asked to rinse with an antimicrobial mouthrinse. This will help decrease the bacterial levels in your mouth to help prevent against infection and hasten the healing process. You will also be given an oral pain reliever to lessen any post-operative discomfort and help prevent swelling. Antibiotics are also given for many procedures. If you have taken sedative drugs, your vital signs, including your oxygen saturation, will be monitored throughout the procedures. Specific written post-op instructions will be discussed with you following the procedure.

If there is anything we can do to make your upcoming treatment visit more comfortable, please let us know. Don't hesitate to call the office if you have any questions or concerns regarding the proposed treatment.